











# HENDRICK HEALTH CLUB

Soft Room: Winter						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45am	 Jacki		 5:35am Lauren			
9:00am						 Teresa & Linda
NOON			 Erica		 Erica	
5:30pm	 Erica & Lauren	 Rachael & Sam		 Jacki		

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