



HENDRICK HEALTH CLUB

Pilates Studio: Fall						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am		<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V ² Max Rene		<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/V ² Max Kevin		
10:30am						<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V2 Max Velvet/ Rene
5:30pm	<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V2 Max Jacquelyn		<small>THE PILATES STUDIO AT HENDRICK</small> ECT Velvet			
6:30pm	<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V ² Max Jacquelyn			<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V ² Max Jacquelyn		
LOCATION			ECT (Equipment Circuit Training)- Soft Room Reformer/ V ² Max- Pilates Studio			