



# HENDRICK HEALTH CLUB

Pilates Studio: Summer						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am		<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V <sup>2</sup> Max Rene		<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/V <sup>2</sup> Max Kevin		
10:30am						<small>THE PILATES STUDIO AT HENDRICK</small> ECT
4:15pm	<small>THE PILATES STUDIO AT HENDRICK</small> ECT Leah					
5:30pm			<small>THE PILATES STUDIO AT HENDRICK</small> ECT Sam			
6:30pm	<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V <sup>2</sup> Max Jacquelyn			<small>THE PILATES STUDIO AT HENDRICK</small> Reformer/ V <sup>2</sup> Max Sam		
LOCATION			ECT (Equipment Circuit Training)- Soft Room Reformer/ V <sup>2</sup> Max- Pilates Studio			